

Söüp

Söüp — vintage '70s rock with a whimsical, progressive flair, from a small New Jersey town where the sea meets the land.



AT A GLANCE

The short answers

BAND	Söüp — <i>umlaut on the o, macron on the u. Please keep both.</i>
FROM	A small town on the New Jersey shore
SOUNDS LIKE	Vintage '70s rock, whimsical and progressive
FOR FANS OF	Black Sabbath · Rush · Led Zeppelin
ON STAGE	A three-piece — Mónica and Mercedes front it
RELEASES	Mariner Martyr (2026) · Steady Tides (2025) · The Captain (2024)
ROOMS PLAYED	The Stone Pony · Asbury Lanes · DINGBATZ · American Dream · Fairport Music Festival
LISTEN	Spotify · Apple Music · YouTube
BOOKING	soupband712@gmail.com
SOCIAL	@soupband_official

Söüp is a young and vibrant three-piece powerhouse from the New Jersey shore, blending a vintage '70s rock sound with a whimsical and progressive flair. Fronted and governed by two ambitious women — Mónica on drums and Mercedes on lead vocals, bass and keys — the band has played The Stone Pony, American Dream and Fairport Music Festival, with three singles out on all platforms.

LINE-UP

Söüp is Mónica & Mercedes

Mónica

DRUMS ♦ PERCUSSION ♦ BACKING VOCALS

The fierce and fiery drummer, taking on percussion and ethereal background vocals.

Mercedes

LEAD VOCALS ♦ BASS ♦ KEYS

The zany and electric frontwoman who assumes the role of lead singer, bassist, and keyboardist — all in one!

LIVE HISTORY

The rooms they have played

The Stone Pony ★	Asbury Lanes	The Saint
The Transparent Gallery	DINGBATZ	The CrossRoads
The Chubby Pickle	Salty's Lake Como	Lofidelic Records
The Idle Hour	The Band Shell	Community Park
American Dream	Iron Smoke Distillery	Fairport Music Festival

ON STAGE

Stage plot

Drawn from the audience's side. Drums centre back, bass and keys to one side, guitar to the other, and a vocal mic out front.

DOWNLOAD THE STAGE PLOT

Book Söüp

Festivals, venues, DIY shows. Tell us where and when — or just write.

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